

VJK KB Diksmuide 26: Session: 2: COACH evaluation sheet for TEAM: TSZ

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Verluyten Philippe

Coaches: Hanssens Yash

Coaches: Michiels Hans HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 13: 100M BACKSTROKE MEN 13-14					Heat:4, starttime: 14:37
Heat: 4/6 Lane : 8 Athlete: RENDERS KLAAS					Q-time: 01:11:61
PB (25m pool): 01:11.61 Durmehal 28/02/2026					PB (50m pool): 01:13.87 SB: 01:11.96 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.15		01:11.61	
	00:35.15		00:36.46		
					

Coach feedback:

Event number: 13: 100M BACKSTROKE MEN 13-14					Heat:6, starttime: 14:41
Heat: 6/6 Lane : 8 Athlete: VANDEPUTTE WOUT					Q-time: 01:10:95
PB (25m pool): 01:10.95 EEKLO 04/10/2026					PB (50m pool): 01:13.83 SB: 01:10.95 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.53		01:10.95	
	00:34.53		00:36.42		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 13-14					Heat:2, starttime: 14:46
Heat: 2/6 Lane : 6 Athlete: VERHULST NOOR					Q-time: 01:16:76
PB (25m pool): 01:16.76 Zwembad De Treffer 06/04/2026					PB (50m pool): 01:18.20 SB: 01:17.00 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.44		01:16.76	
	00:38.44		00:38.32		
					

Coach feedback:

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Event number: 14: 100M BACKSTROKE WOMEN 13-14				Heat:5, starttime: 14:53	
Heat: 5/6 Lane : 4 Athlete: DE JONG SUZAN				Q-time: 01:06:83	
PB (25m pool): 01:06.83 Temse 21/12/2025				PB (50m pool): 01:08.51 SB: 01:07.67 EEKLO 04/10/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.34		01:06.83	
	00:32.34		00:34.49		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 13-14				Heat:6, starttime: 14:55	
Heat: 6/6 Lane : 3 Athlete: VERLUYTEN NIENE				Q-time: 01:08:79	
PB (25m pool): 01:08.79 Temse 17/11/2025				PB (50m pool): 01:10.75 SB: 01:12.01 Sint-Amandsberg 18/10/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.49		01:08.79	
	00:33.49		00:35.30		
					

Coach feedback:

Event number: 15: 50M BACKSTROKE MEN 15-16				Heat:2, starttime: 14:59	
Heat: 2/4 Lane : 1 Athlete: SCHRAUWEN BJARNE				Q-time: 00:30:19	
PB (25m pool): 00:29.23 Sint-Amandsberg 18/10/2026				PB (50m pool): 00:30.19 SB: 00:29.23 Sint-Amandsberg 18/10/2026	
	2 5 M	5 0 M			
PB		00:29.23			
	00:29.23				
					

Coach feedback:

Event number: 15: 50M BACKSTROKE MEN 15-16				Heat:3, starttime: 15:00	
Heat: 3/4 Lane : 5 Athlete: MICHIELS SIBE				Q-time: 00:28:29	
PB (25m pool): 00:28.29 Sint-Amandsberg 19/10/2025				PB (50m pool): 00:29.10 SB: 00:28.40 Sint-Amandsberg 18/10/2026	
	2 5 M	5 0 M			
PB		00:28.29			
	00:28.29				
					

Coach feedback:

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Event number: 15: 50M BACKSTROKE MEN 15-16							Heat:3, starttime: 15:00			
Heat: 3/4 Lane : 7 Athlete: DE JONG STAN							Q-time: 00:30:02			
PB (25m pool): 00:30.10 Sint-Amandsberg 18/10/2026				PB (50m pool): 00:30.02 SB: 00:30.10 Sint-Amandsberg 18/10/2026						
	2 5 M		5 0 M							
PB			00:30.10							
	00:30.10									
										

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 15-16							Heat:4, starttime: 15:08		
Heat: 4/4 Lane : 3 Athlete: VERLUYTEN LENI							Q-time: 00:30:64		
PB (25m pool): 00:30.64 Gent 09/11/2025							PB (50m pool): 00:31.38 SB: 00:31.76 EEKLO 04/10/2026		
	2 5 M		5 0 M						
PB			00:30.64						
	00:30.64								
									

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 15-16						Heat:4, starttime: 15:08	
Heat: 4/4 Lane : 6 Athlete: STESENS EMMA-LOUISE						Q-time: 00:31:70	
PB (25m pool): 00:31.70 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:32.35 SB: no time							
	2 5 M		5 0 M				
PB			00:31.70				
			00:31.70				
							

Coach feedback:

Event number: 17: 200M BUTTERFLY MEN 13-14							Heat:1, starttime: 15:09	
Heat: 1/2 Lane : 4 Athlete: SCIACCA EMILIO							Q-time: 02:35:91	
PB (25m pool): 02:33.54 Sint-Amandsberg 18/10/2026				PB (50m pool): 02:35.91 SB: 02:33.54 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.08		01:12.59		01:52.83		02:33.54
	00:34.08		00:38.51		00:40.24		00:40.71	
								

Coach feedback:

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Event number: 19: 50M BREASTSTROKE MEN 15-16			Heat:2, starttime: 15:25
Heat: 2/3 Lane : 4 Athlete: SCIACCA LEANDRO			Q-time: 00:31:15
PB (25m pool): 00:30.99 Sint-Amandsberg 18/10/2026			PB (50m pool): 00:31.79 SB: 00:30.99 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	
PB		00:30.99	
	00:30.99		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 15-16			Heat:3, starttime: 15:30
Heat: 3/3 Lane : 7 Athlete: STESENS EMMA-LOUISE			Q-time: 00:37:01
PB (25m pool): 00:36.16 Eeklo 01/04/2024			PB (50m pool): 00:37.01 SB: no time
	2 5 M	5 0 M	
PB		00:36.16	
	00:36.16		
			

Coach feedback:

Event number: 21: 50M FREESTYLE MEN 13-14			Heat:1, starttime: 15:32
Heat: 1/5 Lane : 2 Athlete: VANDEPUTTE WOUT			Q-time: 00:31:41
PB (25m pool): 00:31.41 Zwembad De Wauwer 13/09/2026			PB (50m pool): 00:32.75 SB: 00:31.41 Zwembad De Wauwer 13/09/2026
	2 5 M	5 0 M	
PB		00:31.41	
	00:31.41		
			

Coach feedback:

Event number: 21: 50M FREESTYLE MEN 13-14			Heat:2, starttime: 15:33
Heat: 2/5 Lane : 8 Athlete: AERENS JEF			Q-time: 00:30:22
PB (25m pool): 00:29.50 Sint-Amandsberg 18/10/2026			PB (50m pool): 00:31.62 SB: 00:29.50 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	
PB		00:29.50	
	00:29.50		
			

Coach feedback:

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Event number: 22: 50M FREESTYLE WOMEN 13-14										Heat:5, starttime: 15:41	
Heat: 5/5 Lane : 6 Athlete: VAN BUNDER INEZ										Q-time: 00:28:28	
PB (25m pool): 00:28.05 Sint-Amandsberg 18/10/2026					PB (50m pool): 00:29.39SB: 00:28.05 Sint-Amandsberg 18/10/2026						
	2 5 M		5 0 M								
PB			00:28.05								
	00:28.05										
											

Coach feedback:

Event number: 22: 50M FREESTYLE WOMEN 13-14										Heat:5, starttime: 15:41																																																											
Heat: 5/5										Lane : 7										Athlete: DEBRABANDERE LEONIE										Q-time: 00:28:84																																							
PB (25m pool): 00:28.34										Sint-Amandsberg										18/10/2026										PB (50m pool): 00:29.80										SB: 00:28.34										Sint-Amandsberg										18/10/2026									
		2 5 M				5 0 M																																																															
PB						00:28.34																																																															
		00:28.34																																																																			
																																																																					

Coach feedback:

Event number: 23: 200M FREESTYLE MEN 15-16							Heat:4, starttime: 15:51	
Heat: 4/6 Lane : 4 Athlete: SCHRAUWEN BJARNE							Q-time: 02:03:71	
PB (25m pool): 02:03.17 Sint-Amandsberg 18/10/2026				PB (50m pool): 02:08.83SB: 02:03.17 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:28.64		01:00.11		01:31.69		02:03.17
	00:28.64		00:31.47		00:31.58		00:31.48	
								

Coach feedback:

Event number: 23: 200M FREESTYLE MEN 15-16							Heat:4, starttime: 15:51	
Heat: 4/6 Lane : 7 Athlete: DE JONG STAN							Q-time: 02:04:09	
PB (25m pool): 02:04.09 Eeklo 06/04/2026			PB (50m pool): 02:06.77 SB: 02:04.19 Sint-Amandsberg 18/10/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:28.93		01:00.43		no time		02:04.09
	00:28.93		00:31.50					
								

Coach feedback:

VJK KB Diksmuide 26: Session: 2: COACH evaluation sheet for TEAM: TSZ

Event number: 23: 200M FREESTYLE MEN 15-16							Heat:6, starttime: 15:56	
Heat: 6/6 Lane : 3 Athlete: MICHIELS SIBE							Q-time: 01:55:11	
PB (25m pool): 01:55.11 EEKLO 04/10/2026				PB (50m pool): 01:58.67 SB: 01:55.11 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:26.89		00:55.88		no time		01:55.11
	00:26.89		00:28.99					
								

Coach feedback: